

Requirements for Cub Scouts Academics & Sports

Bicycling



Tiger Cubs, Cub Scouts, and Webelos Scouts may complete requirements in a family, den, pack, school, or community environment. Tiger Cubs must work with their parents or adult partners. Parents and partners do not earn belt loops or pins.

Belt Loop

Complete these three requirements:

- Date:* _____ 1. **Explain the rules of safe bicycling to your den leader or adult partner.**
- Date:* _____ 2. **Demonstrate the correct fit of a bicycle helmet.**
- Date:* _____ 3. **Show how to ride a bike safely, using all hand signals and following all safety and traffic rules. Ride for at least half an hour with an adult partner, your family, or your den.**

Sports Pin

Earn the Bicycling belt loop, complete requirement 1 below, and do four additional requirements:

- Date:* _____ 1. Record on a chart at least 10 hours of bicycling. (Required)
- Date:* _____ 2. **Participate in a pack, den, or community bike rodeo.**
- Date:* _____ 3. **Demonstrate how to repair a flat tire on a bicycle.**
- Date:* _____ 4. Make a poster illustrating different types of early bikes and show it to your den.
- Date:* _____ 5. **Demonstrate to your den or pack the use of proper bicycling safety equipment.**
- Date:* _____ 6. With the help of a parent or adult partner, register or reregister your bicycle.
- Date:* _____ 7. Go on a “bicycle hike” with your family or den. Obey traffic rules related to bicycling.
- Date:* _____ 8. Repair or restore a nonfunctioning bicycle to a safe condition. Include the installation of all proper safety devices.
- Date:* _____ 9. Visit a bicycle race or exhibition.
- Date:* _____ 10. Help set up a bike rodeo or bike competition for your pack.

Some Riding Safety Tips

- Be equipped properly (including reflectors).
- Always wear a helmet.
- Obey traffic signs and signals.
- Never ride against traffic.
- Follow lane markings.
- Use hand signals.
- Choose the best way to turn left: signalling and turning from the left lane, or riding to the far-side crosswalk and walking your bike across the street.
- Ride in a straight line.
- Don't pass on the right.
- Don't weave between parked cars or cars stopped in traffic.
- Ride slowly on sidewalks.
- Keep your bike in good repair.
- Watch for cars pulling out in front of you.
- Scan the road behind you (you might want to have a rearview mirror).
- Use lights at night.
- Avoid road hazards.
- Dress appropriately.
- Know how to stop suddenly.
- Use a pack or rack to carry things.